



Handbook of Functional Dairy Products (Functional Foods and Nutraceuticals)

John O'Brien Ph.D.

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Handbook of Functional Dairy Products reveals key advances in the field, explores the product development process, and identifies the market dynamics driving product innovation. Chapters examine specific ingredients and products, safety and technology issues, the impact of biotechnology, the regulatory environment, and the communication of health benefits. With an emphasis on the potential contribution of functional dairy products in the maintenance of health and prevention of disease, the book includes in-depth discussions of probiotics, dairy-derived carbohydrates and prebiotics, bioactive peptides, the immune modulating effects of dairy ingredients, the health effects of conjugated linoleic acid (CLA), and calcium and iron fortification.

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