



Vegan quick & easy: Über 60 Blitzrezepte (German Edition)

Björn Moschinski

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Schnell und raffiniert ist kein Widerspruch, wenn es um die vegane Küche geht. Björn Moschinski verspricht in seinem neuen Kochbuch leckere und gesunde Gerichte mit nur 30 Minuten Zubereitungszeit und knüpft mit vielen kreativen Ideen an den Erfolg seiner Vorgängerbücher an. Björn Moschinski, der bekannteste vegane Koch der Szene, zeigt in über 60 herzhaften und süßen Rezepten, dass vegan Genießen lecker, vielfältig, aber vor allem schnell zu kochen ist und begeistert damit auch alle, die zeitweilig eine Ernährungsalternative suchen.



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