



Still Life with Teapot: On zen, writing and creativity

Brigid Lowry

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The good thing about being my age is that if you haven't grown up already, you don't have to. What do you do when you start talking to yourself on the bus? If you're the writer Brigid Lowry, you change tack and write a book about what it means to be an ageing woman in the 21st century. In *Still Life with Teapot* Lowry offers advice, observations, hope and reality checks in equal measure. She drops us straight into the writer's world into the nuts and bolts of writing practice and into the art of life and ways to write about it. *Still Life with Teapot* is an essential brew for people who love to make lists, for people who love to write and for people who love to read about writing.



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