



Free: Spending Your Time and Money on What Matters Most

Mark Scandrette

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If you already own a copy of *Free*, use the password found on page 223 in the Group Learning Guide to access eight supplementary videos.

Why does chasing the good life make us feel so bad? We dream big and spend our money and time chasing our dreams?only to find ourselves exhausted, deeply in debt and spiritually empty.

Mark and Lisa Scandrette realized at the beginning of their lives together that what they want, what they need and what they were being told to want didn't sync up. In *Free* Mark (with a little help from Lisa) shares the secrets of how they bought a home and raised a family debt-free in the most expensive city in the United States?and how they've enjoyed good relationships, good adventures and good food along the way.

Packed with helpful exercises for getting a handle on your money story, and designed for healing and generative money conversations with friends, *Free* gives you a path to financial freedom and spiritual flourishing that awakens your heart and energizes your soul. Includes access to group study guide and 8 video sessions.

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