



Infusing Flavors: Intense Infusions for Food and Drink - Recipes for Oils - Vinegars - Sauces - Bitters - Waters - and More

Erin Coopey

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Ready to escape "vanilla" ho-hum recipes, embrace your culinary creativity, and taste something new? Yeah, we thought so. Pick up this cookbook--your ticket to a world of flavor.

Infusing Flavors features recipes to infuse mind-blowing flavors into teas, tisanes, bitters, liqueurs, aguas frescas, waters, vinegars, oils, gastriques, shrubs, ice creams, soft drinks, and more. Each section in the book is packed with unique recipes. You'll learn which herbs, fruits, flowers, vegetables, and even seeds can be prepared and infused into all-natural food and drink recipes. With its emphasis on flavor infusions that stretch beyond your standard cocktail bitters, this book is a special treat for any food lover.

Here's a taste of some of the ingredients you'll use in Infusing Flavors:

Herbs and flowers - chamomile, lavender, lemongrass, rosemary, mint, sage, thyme, lemon verbena, ginger, basil

Fruits - cherry, peach, strawberries, raspberries, blackberries, blueberries, citrus (lemons and oranges), watermelon

Veggies, berries, and roots - celery, fennel, dandelion

The blending and infusing chapter, plus the diverse recipe sections of the cookbook, promise to keep readers enthralled and learning something they never guessed about these wide-ranging ingredients for flavor infusion. The book includes information about the following:

Peel-to-stem is the new nose-to-tail: introduction to the movement Blending Infusing Storing Experimenting with flavors Health benefits (including tips on growing your own fresh herbs)

The Recipes

Teas and tisanes - herbal and fruit; iced and hot

Honeys, sugars, and simple syrups

Extracts and bitters - from baker to bartender

Shrubs, switchels, and kombuchas

Soft drinks and infused waters (sodas, beer, and "ade")

Flavored oils - the chef's secret

Vinegars and gastriques

Broths

Desserts and sweets

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From reader reviews:

Joe Bell:

The experience that you get from Infusing Flavors: Intense Infusions for Food and Drink - Recipes for Oils - Vinegars - Sauces - Bitters - Waters - and More will be the more deep you searching the information that hide inside the words the more you get considering reading it. It doesn't mean that this book is hard to recognise but Infusing Flavors: Intense Infusions for Food and Drink - Recipes for Oils - Vinegars - Sauces - Bitters - Waters - and More giving you joy feeling of reading. The writer conveys their point in specific way that can be understood through anyone who read this because the author of this reserve is well-known enough. This book also makes your vocabulary increase well. Making it easy to understand then can go along with you, both in printed or e-book style are available. We highly recommend you for having this Infusing Flavors: Intense Infusions for Food and Drink - Recipes for Oils - Vinegars - Sauces - Bitters - Waters - and More instantly.

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Spent a free the perfect time to be fun activity to try and do! A lot of people spent their down time with their family, or all their friends. Usually they doing activity like watching television, gonna beach, or picnic inside park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Could possibly be reading a book can be option to fill your free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to try look for book, may be the publication untitled Infusing Flavors: Intense Infusions for Food and Drink - Recipes for Oils - Vinegars - Sauces - Bitters - Waters - and More can be fine book to read. May be it can be best activity to you.

Harry Thomas:

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Therefore you know that little person including reading or as studying become their hobby. You should know that reading is very important and also book as to be the issue. Book is important thing to increase you knowledge, except your own teacher or lecturer. You get good news or update concerning something by book. Numerous books that can you take to be your object. One of them is this Infusing Flavors: Intense Infusions for Food and Drink - Recipes for Oils - Vinegars - Sauces - Bitters - Waters - and More.

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