



Busier Than Ever!: Why American Families Can't Slow Down

Charles Darrah, James Freeeman, J.A. English-Lueck

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Busyness defines the lives of most Americans. For some, the focus of busyness is family. For others, it is career or social activities. Sometimes busyness results from a big event, like the catastrophic illness of a family member, but much of it builds from many seemingly inconsequential demands that collectively become overwhelming. We search for the best airline prices on the Internet, are "partners" with teachers in our children's education, and employ a battery of devices that promise to save labor if only we can learn how to use them.

Busier Than Ever! follows the daily activities of fourteen American families. It explores why they are busy and what the consequences are for their lives. Busyness is not just a matter of personal time management, but of the activities we participate in and how each of us creates "the good life." While numerous books deal with efficiency and the difficulties of balancing work and family, Busier Than Ever! offers a fresh approach. Busyness is not a "problem" to be solved—it is who we are as Americans and it's redefining American families.



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Paula Cofield:

Spent a free time for you to be fun activity to try and do! A lot of people spent their free time with their family, or all their friends. Usually they accomplishing activity like watching television, going to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Could be reading a book is usually option to fill your cost-free time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to consider look for book, may be the book untitled Busier Than Ever!: Why American Families Can't Slow Down can be excellent book to read. May be it might be best activity to you.

Kristopher Sutherland:

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Cara Fultz:

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