



Occupational Therapy Practice and Research with Persons with Multiple Sclerosis

Marcia Finlayson

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Discover strategies to enhance quality of life and promote social and community participation for people with MS!

Occupational Therapy Practice and Research with Persons with Multiple Sclerosis will familiarize you with the complex issues experienced by people who have multiple sclerosis, suggesting ways to enhance your practice or research with this population. This vital resource fills a void in the scarce literature on occupational therapy and multiple sclerosis, providing you with a unique single-source reference on the subject. This book compiles the work and contributions of experts from Europe, Australia, Canada, and the United States—from a variety of fields, including occupational therapy, medicine, physical therapy, and psychology.

This thought-provoking book offers new perspectives on potential assessment and intervention ideas and provides information that could be used for broader program planning. This extensive resource will give you a deeper appreciation of the MS disease process and its influence on everyday living for persons with MS and their families. In this collection, you will learn more about:

- the health-related service needs of older adults with MS
- the range of fatigue assessment tools that are available for clinical and research applications
- the effect of wheelchair use on quality of life
- the implications of tremor on everyday activities
- the development and use of Lifestyle Management Programs©
- coping processes used by women with MS as they age
- the symptom and functional limitation profiles experienced by people with MS that lead to referrals to occupational therapy

Occupational Therapy Practice and Research with Persons with Multiple Sclerosis contains charts, figures, graphs, and bibliographies to augment the research and studies found in this book. Also provided are contributions by Dr. Nicholas G. LaRocca—a well-known MS researcher—and Dr. Carol A. Gaetjens—an educator with MS. Occupational therapy students, clinicians, and researchers working with individuals and families who are affected by MS will find this book an important resource in their profession.

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