



Herb & Spice Companion: The Complete Guide to Over 100 Herbs & Spices

Lindsay Herman

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You can spice up your cooking when you learn how to grow, dry, store and use over 100 herbs and spices!

Herb and Spice Companion is your ultimate guide for using fresh and dried herbs and spices in the kitchen. Inside this handy book, get descriptions of more than 100 herbs and spices from around the world. Discover useful tips on storing and using spices to create innovative combinations of flavors. This is the essential guidebook to using herbs and spices to add flavor and depth in your cooking. From basil to beebalm, from lavender to lemon verbena, learn all of the interesting aspects of your herbs, including their rich history, how to grow, harvest, and dry them, and even their unique medicinal uses. This is a must-have for anyone's cookbook library.

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