



# Find Your Own Zen Volume 6: The Chakra Guide To Quick Enlightenment

*Mumin Muhammad*

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## **Find Your Own Zen Volume 6: The Chakra Guide To Quick Enlightenment** Mumin Muhammad

Do you ever question the meaning of your life, especially what is my purpose? This void seems to follow us around no matter what we do or what we have. In order to reconnect without divine purpose, we must first let go off old beliefs, or old habits that no longer serve us. Then we will be able to see clearly again, we must accept that change is constant.

As we learn to let go off past issues, then we finally can remove karma out of our lives. Karma does not have to be a part of your reality. Once we release the fears from the past and even past lives, karma no longer exists. Once we learn to love ourselves unconditionally then we will have healthier relationships with others. A good relationship with ourselves allows a closer relationship with god, and then our bond with others becomes healthy

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