

# Chocolate for a Woman's Courage: 77 Stories That Honor Your Strength and Wisdom

Kay Allenbaugh

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## Be Brave! Celebrate and Eat Chocolate!

Every woman knows that courage isn't just something you find in a crisis, it's something you tap into every day of your life. In this triumphant salute to mothers, daughters, sisters, friends, and colleagues, these 77 true-life stories celebrate women at their best -- willing to take risks, stand up for family and friends, find the love they need, claim their true spirit, laugh at their own foibles, and celebrate someone else's success. Once again, Kay Allenbaugh has called upon women of all ages and backgrounds to share their own experiences as well as the strength and wisdom that have helped them through everyday challenges and difficult times. Here are tales about surviving loss, showing compassion, getting fired (and getting even), facing illness, laughing at yourself when the chips are down, and stopping long enough to enjoy sweet success! This volume in the beloved Chocolate series celebrates a softer element of courage -- kind yet strong, loving yet steadfast -- exploring the many subtle ways courage manifests itself in day-to-day life. This book is sure to feed your hunger for courage!



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