



Freezer Cooking for Daycare Providers and Busy Parents from 30 Day Gourmet

Cindy Clark

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Family daycare providers often ask, "What do I feed the kids for lunch day after day?" When you run a home daycare business, preparing a nutritious meal for the kids in your care is one meal you can't throw together at the last minute. With a little planning, you can have weekly menus ready not only for your childcare, but for your family as well. Pop a lunch into the oven and spend your time caring for the kids instead of an hour fixing lunch. At night, forget those frantic last-minute trips to the grocery store to pick up forgotten ingredients. Gain an hour of family time in the evenings by choosing a meal in the afternoon, pop it in the oven and time it to be ready when your last child walks out the door. It's ready when you are.

Freezer Cooking for Daycare Providers and Busy Parents from 30 Day Gourmet can help simplify your life in two areas so you have more time to focus on your other responsibilities. The ebook contains 25 recipes along with great meal planning tips specifically for daycare providers and parents of little ones. Why not download the e-book and give it a try?

Introduction

Food Program Requirements

Planning Your Meals for Daycare

Getting Picky Eaters to Try New Foods

Breakfast

Oven French Toast Sticks

Waffle Sandwich

Lunch or Dinner

Cheese Soup

Freezer Pizza

Chicken Enchiladas

Chicken and Rice Soup

Crescent Chicken Squares

Easy Chicken Casserole

Salmon Patties

Ham Balls

Beef and Cheese Crescent

Hamburger Baked Beans

Hamburger Stew

Kids-Live-It Meatloaf

Stroganoff Meatballs

Sloppy Petes

Taco-filled Pasta Shells

Taco Pie

Tater Tot Casserole

Snacks

Cheese Muffins

Chocolate Chip Muffins

Chocolate Chunk Cookie Dough

Frozen Bananas

Sugar Cookie Dough

Very Berry Fruit Pie



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Helen Woodyard:

Why don't make it to be your habit? Right now, try to prepare your time to do the important act, like looking for your favorite reserve and reading a publication. Beside you can solve your trouble; you can add your knowledge by the guide entitled Freezer Cooking for Daycare Providers and Busy Parents from 30 Day Gourmet. Try to make the book Freezer Cooking for Daycare Providers and Busy Parents from 30 Day Gourmet as your friend. It means that it can to become your friend when you sense alone and beside those of course make you smarter than ever. Yeah, it is very fortunated to suit your needs. The book makes you much more confidence because you can know almost everything by the book. So , let us make new experience and also knowledge with this book.

Arthur Atwood:

The publication untitled Freezer Cooking for Daycare Providers and Busy Parents from 30 Day Gourmet is the book that recommended to you to see. You can see the quality of the reserve content that will be shown to you actually. The language that writer use to explained their way of doing something is easily to understand. The author was did a lot of investigation when write the book, to ensure the information that they share to your account is absolutely accurate. You also might get the e-book of Freezer Cooking for Daycare Providers and Busy Parents from 30 Day Gourmet from the publisher to make you more enjoy free time.

Freddie Valdez:

Playing with family within a park, coming to see the marine world or hanging out with friends is thing that usually you could have done when you have spare time, and then why you don't try matter that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Freezer Cooking for Daycare Providers and Busy Parents from 30 Day Gourmet, it is possible to enjoy both. It is excellent combination right, you still would like to miss it? What kind of hangout type is it? Oh seriously its mind hangout men. What? Still don't understand it, oh come on its named reading friends.

Katherine Holt:

Reading a book being new life style in this 12 months; every people loves to go through a book. When you go through a book you can get a lots of benefit. When you read books, you can improve your knowledge, mainly because book has a lot of information in it. The information that you will get depend on what sorts of book that you have read. If you need to get information about your examine, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, such us novel, comics, as well as soon. The Freezer Cooking for Daycare Providers and Busy Parents from 30 Day Gourmet provide you with a new experience in studying a book.

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