



Punción seca de los puntos gatillo: Una estrategia clínica basada en la evidencia (Spanish Edition)

Jan Dommerholt, César Fernández de las Peñas

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- Obra de vigencia actual y sin precedentes que aborda una de las técnicas de más actualidad dentro de la fisioterapia moderna: la punción seca
- Todo el contenido se basa en la evidencia científica y tanto los autores como los editores son reconocidos expertos a nivel mundial y vinculados a las principales organizaciones de docencia de puntos gatillo y punción seca tanto en Estados Unidos como en Europa.
- Destaca el elevado nivel de especialización de los contenidos de este título dirigido tanto a fisioterapeutas como a terapeutas manuales que deseen disponer de una guía sobre el uso de técnicas de punción seca en la práctica clínica.
- Uno de los editores de la obra es el profesor César Fernández de las Peñas, de la Universidad Rey Juan Carlos de Madrid y un reconocido especialista en esta materia.



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