



# Boosting Brain Power: 52 Ways to Use What Science Tells Us

*Jill Stamm*

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## **Boosting Brain Power: 52 Ways to Use What Science Tells Us** Jill Stamm

If the timing is right, the learning that occurs in the first five years can be a gold mine, promoting valuable cognitive and physical development that lasts a lifetime. Boosting Brain Power provides 52 strategies - one for every week of the year - to help teachers stimulate healthy brain growth in young children. In addition to well-researched strategies, each snippet of information offers teachers evidence-based instructions for how to bring the concepts to life in the classroom.

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