



Maple: 100 Sweet and Savory Recipes Featuring Pure Maple Syrup

Katie Webster

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Maple. The very word conjures up sweet memories of rich amber-colored syrups, indulgent breakfasts, and delicate candy. But that's just a drop in the sap bucket: this liquid gold works its magic on everything from barbecue sauce to classic cocktails to delectable desserts. Plus it's a healthier option than other sweeteners.

So step into the sugar shack as seasoned sap-tapper Katie Webster takes you behind the scenes of her backyard maple sugaring hobby. Then try your hand at her Maple Ginger Roasted Salmon or Smoky and Sweet Turkey Chili. Pour yourself a Maple Peach Old Fashioned and enjoy a helping of Bananas Foster Bundt Cake. Explore 100 sweet and savory recipes, including plenty of vegan, gluten-free, and paleo-friendly options, all featuring the incomparable taste of maple.

Selections from the Table of Contents

Breakfasts:

Potato and Sausage Breakfast Skillet with Greens
Snickerdoodle French Toast
Maple Cranberry Walnut Granola
Maple Sweet Potato Coffee Cake
Dutch Baby Pancake with Maple Rhubarb Compote

Drinks and Appetizers:

Maple Meyer Lemon Whiskey Sour
Sugaring Season Hot Cocoa
Pumpkin Maple Dip with Apple Wedges
Skewered Seared Duck with Tabasco Plum Sauce
Maple Cashew Chicken Satay

Soups, Side Dishes, and Salads:

Carrot Ginger Soup with Maple Yogurt
Slow Cooker Chicken Thigh Hot Pot
Sap Baked Beans
Kale Skillet Salad with Walnuts and Maple
Layered Beet and Carrot Salad

Main Courses:

Vermont Quesadillas with Maple Cream
Chicken, Peanut, and Napa Cabbage Pad Thai
Maple Pork Loin Roast with Apple Chutney
Spicy Peanut Noodles with White Pepper Sirloin
Swordfish with Maple Pipérade

Desserts:

Maple Shortbread Cookies

Maple Date Bread Pudding
Maple Bourbon Pumpkin Pie
Maple Bacon Peanut Brittle
Maple Pear Ginger Sorbet

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