



Absolute Beginner: The Autobiography

Patsy Kensit

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Patsy Kensit is one of our most-loved actresses, a child star who grew up in the public eye and has remained there ever since. Her life has been a roller-coaster mix of adventure, drama and heartache, and it is only now that she finally feels ready to share her journey so far in this long-awaited autobiography.

In *Absolute Beginner* Patsy describes her extraordinary childhood, moving between the glamour of filming movies with Elizabeth Taylor and Mia Farrow and the tiny London council flat she shared with her parents and brother. Even as her career was taking off, she was living with the devastating knowledge of her beloved mother's incurable cancer and was forced to hide her father's criminal past. She also writes about the ups and downs of life as an actress in a career that has spanned four decades, from her roles in films like the iconic *Absolute Beginners*, *Lethal Weapon 2*, *21* and Oscar-nominated *Angels and Insects* to playing the uber bitch Sadie King in *Emmerdale* and, most recently, starring in *Holby City*. Vivid, intimate and touching, *Absolute Beginner* reveals the real Patsy - a warm and funny woman who is the ultimate survivor.

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