



The Calm and Happy Toddler: Gentle Solutions to Tantrums, Night Waking, Potty Training and More

Dr Rebecca Chicot

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Child development expert Dr Rebecca Chicot shares with you the secrets to calm and stress-free toddler parenting. Based on her unique parent–toddler approach, she reveals that by understanding how your toddler thinks and what changes he is going through, you can respond with confidence and stop sweating the small stuff. Whether you need help with tantrums, night waking, potty training or fussy eating, inside you’ll find:

- A toddler toolkit to help you cope with every toddler scenario
- A fire-fighting guide to hand-hold you through the classic toddler challenges; No! Now! Mine! Yuk!
- A toddler development map to show you how your toddler is changing, what stage they are at, and how to best to enjoy and encourage their mental, social and emotional development

The Calm and Happy Toddler is the ‘how to’ and ‘why’ of toddler parenting: read this book to understand your toddler, get on the same team and thrive together.

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Exactly why? Because this The Calm and Happy Toddler: Gentle Solutions to Tantrums, Night Waking, Potty Training and More is an unordinary book that the inside of the guide waiting for you to snap it but latter it will distress you with the secret the idea inside. Reading this book next to it was fantastic author who all write the book in such amazing way makes the content interior easier to understand, entertaining method but still convey the meaning fully. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This book will give you a lot of benefits than the other book get such as help improving your ability and your critical thinking way. So , still want to hesitate having that book? If I were you I will go to the guide store hurriedly.

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