



Dr Dawn "€™s Guide to Digestive Health

Dawn Harper

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This book features an in-depth explanation of the digestive system, explaining what each part is and exactly what it does. Dr Dawn tells you all you need to know about digestive ailments, from indigestion to stomach cancer, constipation to diarrhoea, irritable bowel syndrome to inflammatory bowel disease, food poisoning to colon cancer and debunks myths and provides self-help tips along the way. She also explains clearly what medical tests are looking for, so that anyone going for an investigation will know exactly what to expect, along with treatment options.

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