

Rawmazing Desserts: Delicious and Easy Raw Food Recipes for Cookies, Cakes, Ice Cream, and Pie

Susan Powers

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When you eat raw, even your dessert can provide you with essential antioxidants, vitamins, phyto-nutrients, and minerals. With Susan Powers's Rawmazing Desserts, you can indulge your sweet tooth, because all of her desserts are whipped up using all-natural ingredients that can improve your health and satisfy cravings. The book includes an abundance of recipes you wouldn't expect to be raw, such as cookies, cakes, cupcakes, custards, mousses, pies, confections, and ice cream. Rawmazing Desserts is the perfect cookbook for raw food enthusiasts, or those looking to try something new and healthy. These desserts are sure to charm even the pickiest palate for everyday treats and special occasions alike.



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