



Good Food: 101 Picnics & Packed Lunches: Triple-tested Recipes (Good Food 101)

Sharon Brown

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We all love the idea of tasty food that can be prepared in advance - what could be nicer than opening the lunchbox or picnic basket and tucking into a ready-made treat? Here, the experienced cooks at *Good Food* magazine offer their favourite ideas for hassle-free and tasty dishes that can be made ahead and will travel well. Whether you're packing a delicate tart to take to a romantic picnic spot, some hearty rolls for a family day out or even just a healthy snack for the kids' lunchboxes, you'll find plenty of inspiration here.

With each recipe accompanied by a photograph and a full nutritional breakdown, you can cook with complete confidence of a delicious outcome. As all the dishes have been triple-tested by the team at Britain's biggest-selling cookery magazine, you know that it will work first time, every time.

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